



# KNOW YOUR RIGHTS!

**Course in Getting the Right Care & Support you need**  
*find out about personal budgets, carers & individual assessments and how you can get the help and support you need*

**Designed for:**

- Carers, Support Staff and Claimants
- Community Group representatives: to signpost and help your members get the right help
- Volunteers and those considering a career in Social Care
- For yourself: know your family's entitlements and how to get the support you need
- Totally FREE for Course Participants
- Join in on as many or as few sessions as you wish
- Certificates of Achievement
- 1:1 Mentoring and Advice available for all participants



Charity No. 1110649

**Join in via Zoom from the comfort of your own home.**

**4 sessions monthly starting  
Thursday 24th September 2020**

To find out more or to register:

**Tel: 01695 726269 or E mail: [admin@swlican.org](mailto:admin@swlican.org)**