

## Scarisbrick Parish Council – Outdoor Gym Questionnaire

1. What is your postcode?

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2. In the past week, on how many days have you done a total of 30 minutes or more of physical activity which was enough to raise your breathing rate? (Not including housework or physical activity that is part of your job).

None    One    Two    Three    Four    Five    Six    Seven

3. Would you support the idea of an outdoor gym at Scarisbrick Village Hall which can be used free of charge by residents of all ages?

Yes    No    Don't know

4. If not, what would be your main objections?

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5. If an outdoor gym was installed in your local area would this encourage you to become more physically active?

Yes    No    Don't know

6. If an outdoor gym was installed in your local area how often would you use it?

Never    Occasionally    1-2 days/week    3-5 days/week    6-7 days/week

7. Have you used outdoor gym equipment elsewhere? If so, where and how often?

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8. What is your age range (optional)?

Under 16    16-25    26-35    36-45    46-55    56-65    66-75    Over 75

9. Do you have any further comments (please use a separate sheet if required)?

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Thank you for taking the time to answer this questionnaire.